

Rich people run out of money  
yet  
“Regular” folks save millions

*After you meet your basic survival needs . . .*

*it's not what you make, it's what you spend.*

- In the 90's, Donald Trump was on the brink of going bust.
- Thomas Jefferson died owing \$107,000, including a \$10,000 wine bill.
- Willie Nelson had a \$16.7 million delinquent tax bill; the IRS seized his property.
- In 2000, Elton John admitted he was in financial trouble from running up debts of \$2 million a month.

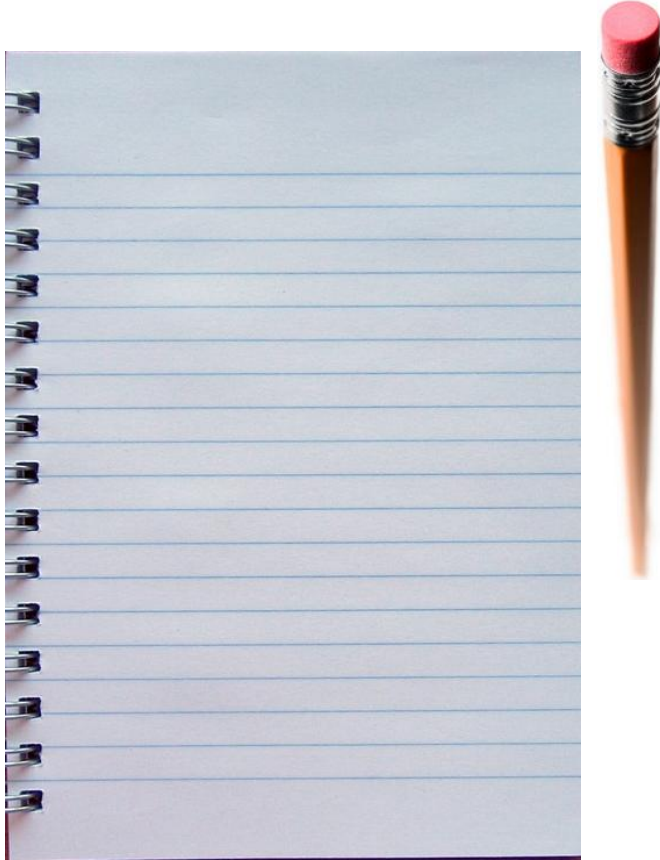
*Anne Scheiber was just a “normal” woman in New York who worked a “normal” job. However, she was very frugal — she didn’t eat out, and wore the same coat year after year. In 1944 she invested \$5000 in the stock market, didn’t touch it for 50 years, and made headlines when she died in 1995 at the age of 101 with a net worth of \$22 million.*

# Budget (Spending Plan)

Name _____	Date _____
<b>Income</b>	<b>Periodic Expenses</b>
Salary #1 _____	Property Taxes _____
Salary #2 _____	Life insurance _____
Other Income _____	Health and accident insurance _____
<b>TOTAL INCOME</b>	Auto insurance 1 _____
<b>Fixed Expenses</b>	Auto insurance 2 _____
Rent/Mortgage _____	Auto tags / registration / inspection _____
Second Mortgage _____	Auto 1 maintenance _____
Car Payment 1 _____	Auto 2 maintenance _____
Car Payment 2 _____	<b>TOTAL PERIODIC EXPENSES</b>
Child Care _____	_____
Child Support / Alimony _____	_____
Taxes (owing) _____	Total monthly net income _____
Savings _____	Monthly mortgage / rent _____
<b>TOTAL FIXED EXPENSES</b>	Total adjusted monthly living expenses _____
_____	<b>Net Monthly Gain (Loss) Before Debt Repayment</b>
<b>Flexible/Variable Expenses</b>	<b>Debts</b>
Groceries _____	_____
Meals out _____	_____
School lunches _____	_____
School tuition and supplies _____	_____
Electricity _____	_____
Natural/LP Gas / Oil _____	_____
Water / sewage / garbage _____	_____
Telephone / cell phone / pager _____	_____
Family clothing _____	_____
Dry cleaning / laundry _____	_____
Home cleaning supplies _____	_____
Gasoline _____	_____
Bus fares / ride shares / taxi / parking _____	_____
Barber / beauty shop _____	_____
Personal care (shampoo, makeup, perf, hair) _____	_____
Occupational expenses _____	_____
Books / newspapers / magazines _____	_____
Medical (doctor, hospital, tests) _____	_____
Drugs / medications _____	_____
Dental & Optical _____	_____
Charitable Contributions _____	_____
Cable / Satellite TV _____	_____
Vacations / travel _____	_____
Entertainment / recreation _____	_____
Gifts / parties / holidays _____	_____
Cigarettes / Tobacco _____	_____
Alcohol _____	_____
Babysitter _____	_____
Hobbies / club dues _____	_____
Banking charges (checks, money orders) _____	_____
Postage _____	_____
Diapers / Formula / baby supplies _____	_____
Allowances _____	_____
Home maintenance _____	_____
Lawn / pool maintenance / home security _____	_____
Lottery _____	_____
Pet care (vet, food, toys, treats, litter, pills) _____	_____
Internet _____	_____
Other _____	_____
<b>TOTAL FLEXIBLE/VARIABLE EXPENSES</b>	<b>TOTAL UNSECURED DEBT</b>

Estimate the monthly net **income** and **expenses**.

# Your Challenge: Track Household Spending



Write down every  
expense (carry  
notepad with you).

# Track Spending

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
7,830.50	7,830.50	6,176.57	6,176.57	6,176.57	6,176.57	6,176.57
6	7	8	9	10	11	12
5,733.96	5,678.42	5,641.34	5,641.34	7,473.99	9,106.31	9,106.31
13	14	15	16	17	18	19
9,106.31	9,106.31	9,106.31	8,566.31	8,566.31	8,566.31	8,496.31
20	21	22	23	24	25	26
8,496.31	8,496.31	7,996.31	7,996.31	8,028.96	11,461.28	11,461.28
27	28	29	30	31	1	2
11,461.28	10,930.64	10,930.64	10,368.67	10,368.67	8,714.70	8,714.70

Expenses for the month of

Fixed Expenses

Mortgage

Car

Periodic Expenses

Life Insurance

Auto Insurance

Variable Expenses

Utilities

Groceries

TOTAL PERIODIC EXPENSES

TOTAL VARIABLE EXPENSES

TOTAL EXPENSES

Record expenses at the end of each day.

At the end of the month, compare actual expenses to budgeted expenses.

# Set Aside



MONTHLY LIVING EXPENSES								Jan	Feb	Mar	Apr	May	Jun
<b>Fixed Expenses</b>							<b>Flex/Incl. Variable Expenses</b>						
Rent or Mortgage Payment							Groceries						
Second Mortgage							Meals Out						
Real Estate Owner Insurance							School Lunches						
Car Payment #1							School - Tuition/Supplies						
Car Payment #2							Electricity						
Child Care							Oil/Gas						
Tax Installments							Water/Sewage/Garbage						
Child Support							Telephone/Cell Phone/Pager						
Savings	0	0	0	0	0	0	Family Clothing						
Other							Dry Cleaning/Laundry						
<b>TOTAL FIXED EXPENSES</b>							Home Cleaning Supplies						
<b>Periodic Expenses</b>							Gasoline						
Property Taxes							Bus Fares/Ride Shares/Parking						
Life Insurance							Barber/Beauty Shop						
Health & Accident Insurance							Personal Care						
Auto Insurance							Occupational Expenses						
Auto Tags/Registration/Inspection							Books/News/Magazines						
Car Maint./Oil/Lube/Tires	0	0	0	0	0	0	Medical						
Other							Drugs/Medication						
<b>TOTAL PERIODIC EXPENSES</b>							Dental/Optical						
							Church/Charities						
							Cable TV						
							Vacations/Travel						
							Entertainment/Recreation						
							Gifts/Pampering/Holidays						
							Cigarettes/Tobacco/Alcohol						
							Baby Sitter						
							Hobbies/Club Dues						
							Bank Service Charges						
							Postage						
							Diapers/Formula/Baby Supplies						
							Allowances						
							Home Maintenance						
							Lawn/Pool/Maid/Home Security						
							Lottery						
							Pet Care	0	0	0	0	0	0
							Other	0	0	0	0	0	0
							<b>TOTAL FLEXIBLE VARIABLE EXPENSES</b>						
							<b>TOTAL MONTHLY EXPENSES</b>						

Set aside your amounts in a savings account or in envelopes.